Community Education and Training Catalog

2012-2013

Educating the community to create safe spaces
Introduction

The goal of the Community Education and Training Program at The Long Island Gay, Lesbian, Bisexual, and Transgender (GLBT) Services Network (The Network) is to create safer, more supportive GLBT-affirming spaces for GLBT people. This goal is accomplished by delivering educational workshops and trainings for a variety of audiences. Through three of The Network’s organizations, Long Island Gay and Lesbian Youth (LIGALY), The Long Island GLBT Community Center (The Center), and Services and Advocacy for GLBT Elders – Long Island (SAGE-LI), The Network has been creating and facilitating GLBT sensitivity workshops and trainings for the greater Long Island community for more than 18 years. Last year alone, The Network delivered hundreds of workshops to thousands of people.

Workshops and trainings are designed for a variety of audiences, including:

- Youth and students
- Educators and school staff
- Health and human service providers
- Social workers and counselors
- Government service personnel
- Medical professionals
- Law enforcement personnel
- Corporate professionals
- Faith-based organizations
- General Long Island community

To schedule a workshop or training, or to learn more, visit www.ligaly.org and fill out the online request form.
The following are the most commonly requested workshops and trainings that provide a basic overview of sexual orientation, address homophobia and transphobia, and provide tools and resources to create safer environments for GLBT individuals.

**WORKSHOP FOR STUDENTS: GROWING UP GAY, LESBIAN, OR BISEXUAL**
*Target audiences: Middle School, High School, and College Students*

This interactive workshop addresses stereotypes, sexual orientation, homophobia, the inappropriate use of the word ‘gay’, and anti-GLBT bullying. Different versions of this workshop are available to ensure age-appropriate material for students of all ages. *This workshop can be enhanced to include Growing Up Transgender when at least one full hour is allotted to the presentation.*

**TRAINING FOR SCHOOL FACULTY/STAFF: CREATING SAFER SCHOOLS FOR GLBT YOUNG PEOPLE**
*Target audiences: School faculty and staff, Education students, School and District Administrators*

This workshop is intended for Elementary, Intermediate, Middle, Junior, and Senior High School faculty, staff, and administrators interested in learning about the challenges facing GLBT youth in schools, such as bullying, and how to create a safe and supportive school environment. Participants will receive one of LIGALY’s Safe Space stickers at the conclusion of this workshop.

**TRAINING FOR SERVICE PROVIDERS: CREATING A SUPPORTIVE HELPING ENVIRONMENT**
*Target audiences: Health and Human Service Providers – All Staff Levels*

This training assists health and human service providers in becoming aware of the needs of GLBT individuals and how to provide culturally competent care. Issues facing GLBT individuals, risk factors, supportive factors, and best practices will be discussed. Participants will receive one of LIGALY’s Safe Space stickers at the conclusion of this workshop.

**TRAINING FOR GSA OR SIMILAR CLUBS: BUILDING YOUR GSA!**
*Target audiences: Middle School, High School, and College GSA or Similar Clubs*

This interactive workshop will provide the tools to support GSA club members in achieving their fullest potential. Membership recruitment and retention, leadership development, and organizing are just a few of the topics that will be discussed.
THE TRANSGENDER EXPERIENCE
Target Audience: All
This workshop will investigate the “T” in GLBT and how gender identity differs from sexual orientation. Myths and stereotypes about transgender people, the negative effects of transphobia and bullying, and ways to create safer spaces for transgender people will be discussed. Issues facing transgender people, risk factors, supportive factors, and best practices will also be discussed.

GLBT-INCLUSIVE SEXUALITY EDUCATION (SERIES OF WORKSHOPS)
Target Audience: Students; Grades 9-12 and College
This series of fun workshops provides GLBT youth and allies with the power to make proud and responsible choices concerning their sexual health. LIGALY will deliver this series at your facility or at one of LIGALY’s two community centers. This series can be delivered in 6 one-hour sessions; 3 two-hour sessions; 2 three-hour sessions; or 1 six-hour session.

VIOLENCE IN THE GLBT COMMUNITY – AN OVERVIEW
Target Audience: Victim Service Professionals, Law Enforcement Personnel, Health and Human Service Providers
GLBT youth, adults, and seniors are often victims of violence. This workshop introduces information about domestic violence, sexual assault, hate crimes, HIV-motivated violence, and pick-up crimes committed against GLBT people. A special emphasis will be placed on developing strategies for health and human service providers to provide culturally competent services to GLBT survivors of violence.

A COUNSELOR’S PERSPECTIVE
Target Audience: Social Workers and Mental Health Counselors
This workshop explores underlying issues facing GLBT individuals, and presents counseling strategies and goals. This workshop discusses how heterosexism, homophobia, and transphobia influences the counselor-client relationship. Issues facing GLBT individuals, risk factors, supportive factors, and best practices will be discussed.

THE GLBT OLDER ADULT EXPERIENCE
Target Audiences: Health and Human Service Providers – All Staff Levels
GLBT seniors often face myriad challenges in addition to those experienced by their heterosexual counterparts; in particular, social isolation, familial estrangement, increased health risks, and lack of culturally competent health and human services. This workshop will include a discussion about the dynamics of the GLBT senior community and best practices for working with this population.
COMING-OUT FOR GLBT YOUTH: A TALE OF HETEROSEXISM
Target Audiences: Youth Service Providers, Social Workers, Mental Health Counselors – All Staff Levels
This workshop will provide an overview of the coming out experience via Vivian Cass’s Homosexual Identity Development Theory. The barriers that affect coming out, as well as the physical and mental health issues of those coming to terms with their sexual orientation and gender identity will be discussed.

MAKING RESIDENTIAL LIVING SAFE FOR GLBT COLLEGE STUDENTS
Target Audience: Residence Life Staff on the Professional and Paraprofessional Level
Residential living creates unique challenges and opportunities for GLBT college students. After an overview of sexual orientation and gender identity, this workshop will provide suggestions for creating a safe place for GLBT students to live and learn.

GLBT 101 (75-90MIN)
Target Audience: College Students; All Adult Audiences
This workshop provides a basic overview of sexual orientation and gender identity as well as their social constructions. A discussion of heterosexism, homophobia, and transphobia will also be presented.

GAY AND LESBIAN PEOPLE
Target Audience: Students, Grades 5 and 6
This age-appropriate workshop addresses the inappropriate use of the word ‘gay’ and stereotypes of gay and lesbian people. (Available as a year-to-year sequence)

NATIONAL COMING OUT DAY (NCOD) SCHOOL AWARENESS CAMPAIGN TRAINING (AVAILABLE SEPTEMBER–OCTOBER)
Target Audience: Middle School, High School, and College GSAs or Similar Clubs
Learn how to make LIGALY’s National Coming Out Day School Awareness Campaign most effective in your school as an opportunity for students to raise awareness about homophobia, transphobia, and safe school environments.

NATIONAL DAY OF SILENCE (NCOD) TRAINING (AVAILABLE FEBRUARY–APRIL)
Target Audience: Middle School, High School, and College GSAs of Similar Clubs
This annual student day of action is the largest in the country and is organized each year in mid-April. This training will help to get your club ready for this event and provide you with the tools to have an effective National Day of Silence program in your school.
WORKING WITH GLBT FAMILIES
Target Audience: All professionals
Participants will explore families with GLBT members (GLBT-identified parents, children, siblings, grandparents, etc.), and the role professionals play in them. Best practices for working with families in a GLBT-supportive manner will be presented.

SUPPORTING YOUR GLBT-IDENTIFIED CHILD
Target Audience: Parents, Caregivers, Grandparents of GLBT-identified Youth
This workshop addresses sexual orientation, gender identity, homophobia, transphobia, and the challenges facing GLBT youth in their schools, homes, and communities. Steps of the coming out process will be discussed. This training assists family members in how to best support their loved one in embracing his/her GLBT identity in a safe and affirming manner.

EPIDEMIOLOGY OF HIV IN THE UNITED STATES: A GLBT PERSPECTIVE
Target Audience: Service Providers, Community Members
A basic knowledge of HIV is assumed, but a brief HIV 101 can be added upon request. This workshop offers participants the opportunity to understand how HIV has impacted the gay community in the United States. Beginning with an historical overview and touching on the political climate and medical attitudes towards HIV and AIDS, this workshop will discuss how activism from within the community has helped to shape the treatment, care, and prevention landscapes of today. It also addresses populations that are disproportionately affected by the virus. There is a focus on viewing risk through the lens of behaviors rather than identities.

CRYSTAL METH ADDICTION AMONG GAY AND BISEXUAL MEN (75–90 MIN)
Target Audience: Substance Abuse Treatment Professionals – All Staff Levels
Crystal methamphetamine use and addiction cases have risen dramatically among gay and bisexual men. This highly addictive stimulant can lead users to engage in risky sexual behaviors putting them at risk for HIV and other sexually transmitted infections. In this workshop we will discuss the dynamics of crystal meth use among gay and bisexual men. We will also discuss ways health and human service providers, and particularly substance use treatment providers, can provide GLBT-friendly services to those living with crystal meth addiction. 1.5 hour of CASAC professional development credit is available for this training.
The Long Island GLBT Services Network is an association of five non-profit organizations serving Long Island’s GLBT community throughout the lifespan. Together, each organization works to end homophobia and transphobia on Long Island, to provide a home and safe space for the GLBT community, and to advocate for equality.

**Long Island Gay and Lesbian Youth (LIGALY)**
provides a safe space for GLBT youth, and empowers GLBT and straight-ally youth to create change in their schools and communities.

- **Safe Schools Initiative** // Friday night OUTlet // HIV Prevention // Leadership Development // Community Education // HELP Line // Pride Empowerment Project

**The Long Island GLBT Community Center (The Center)**
builds community for GLBT adults and families through social, cultural, and health programming.

- CenterSpace // CenterCARE Counseling & Support Groups // Anti-Violence Project - Long Island (AVP-LI) // Transgender Services // M4Mhealth Program

**Services and Advocacy for GLBT Elders - Long Island (SAGE-LI)**
provides GLBT seniors ages 50+ with social support and health programming.

- Monday Mingle // Health & Wellness Programs // Senior Focus Discussion Group // Senior Advisory Board // Benefits and Entitlements Counseling

**The East End Gay Organization (EEGO)**
provides an array of services for the GLBT residents of Long Island’s five east end towns.

**Equality Long Island**
advances equality and justice for GLBT Long Islanders through lobbying and the endorsement and support of individuals running for public office.

- Voter Guide // Endorsements // Community Organizing // Policy Education
To schedule a workshop or training, visit www.ligaly.org and fill out the online request form.

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