Community Education and Training Catalog

2015-2016

Educating the community to create safe spaces

LGBT NETWORK
The goal of the Community Education and Training Program at The LGBT Network is to create safer, more supportive LGBT-affirming spaces for LGBT people. This goal is accomplished by delivering educational workshops and trainings for a variety of audiences. Through four of The Network’s organizations, Long Island Gay and Lesbian Youth (LIGALY), The Long Island LGBT Community Center (The Center), and Services and Advocacy for LGBT Elders – Long Island (SAGE-LI), and Q Center: Queens LGBT Community Center, The Network has been creating and facilitating LGBT sensitivity workshops and trainings for the greater Long Island and Queens community for more than 22 years. Last year alone, the LGBT Network delivered hundreds of workshops to thousands of people.

Workshops and trainings are designed for a variety of audiences, including:
- Youth and students
- Educators and school staff
- Health and human service providers
- Social workers and counselors
- Government service personnel
- Medical professionals
- Law enforcement personnel
- Corporate professionals
- Faith-based organizations
- General Long Island and Queens community

To schedule a workshop or training, or to learn more, visit www.lgbtnetwork.org and fill out the online request form.
The following are the most commonly requested workshops and trainings that provide a basic overview of sexual orientation, address homophobia and transphobia, and provide tools and resources to create safer environments for LGBT individuals.

**Workshop for Students: Growing Up Gay, Lesbian, or Bisexual**

**Target audiences:** Middle School, High School, and College Students

This interactive workshop addresses stereotypes, sexual orientation, homophobia, the inappropriate use of the word ‘gay’, and anti-LGBT bullying. Different versions of this workshop are available to ensure age-appropriate material for students of all ages. *This workshop can be enhanced to include Growing Up Transgender when at least one full hour is allotted to the presentation.*

**Training for School Faculty/Staff: Creating Safer Schools for LGBT Young People**

**Target audiences:** School faculty and staff, Education students, School and District Administrators

This workshop is intended for Elementary, Intermediate, Middle, Junior, and Senior High School faculty, staff, and administrators interested in learning about the challenges facing LGBT youth in schools, such as bullying, and how to create a safe and supportive school environment. Participants will receive one of LIGALY’s Safe Space stickers at the conclusion of this workshop. *An allotted hour and a half is preferred for this training.*

**Training for Service Providers: Creating a Supportive Helping Environment**

**Target audiences:** Health and Human Service Providers – All Staff Levels

This training assists health and human service providers in becoming aware of the needs of LGBT individuals and how to provide culturally competent care. Issues facing LGBT individuals, risk factors, supportive factors, and best practices will be discussed. Participants will receive one of LIGALY’s Safe Space stickers at the conclusion of this workshop. *An allotted hour and a half is preferred for this training.*

**Training for GSA or Similar Clubs: Building Your GSA!**

**Target audiences:** Middle School, High School, and College GSA or Similar Clubs

This interactive workshop will provide the tools to support GSA club members in achieving their fullest potential. Membership recruitment and retention, leadership development, and organizing are just a few of the topics that will be discussed.
Additional Workshops & Trainings
Note: All workshops are 40 – 60 minutes, unless otherwise stated.

THE TRANSGENDER EXPERIENCE
Target Audience: All
This workshop will investigate the “T” in LGBT and how gender identity differs from sexual orientation. Myths and stereotypes about transgender people, the negative effects of transphobia and bullying, and ways to create safer spaces for transgender people will be discussed. Issues facing transgender people, risk factors, supportive factors, and best practices will also be discussed.

LGBT-INCLUSIVE SEXUALITY EDUCATION (SERIES OF WORKSHOPS)
Target Audience: High School and College Students
This series of fun workshops provides LGBT youth and allies with the power to make proud and responsible choices concerning their sexual health. LIGALY will deliver this series at your facility or at one of LIGALY’s two community centers. This series can be delivered in 6 one-hour sessions; 3 two-hour sessions; 2 three-hour sessions; or 1 six-hour session.

VIOLENCE IN THE LGBT COMMUNITY
Target Audience: Victim Service Professionals, Law Enforcement Personnel, Health and Human Service Providers
LGBT youth, adults, and seniors are often victims of violence. This workshop introduces information about domestic violence, sexual assault, hate crimes, HIV-motivated violence, and pick-up crimes committed against LGBT people. A special emphasis will be placed on developing strategies for health and human service providers to provide culturally competent services to LGBT survivors of violence.

A COUNSELOR’S PERSPECTIVE
Target Audience: Social Workers and Mental Health Counselors
This workshop explores underlying issues facing LGBT individuals, and presents counseling strategies and goals. This workshop discusses how heterosexism, homophobia, and transphobia influences the counselor-client relationship. Issues facing LGBT individuals, risk factors, supportive factors, and best practices will be discussed.

THE LGBT OLDER ADULT EXPERIENCE
Target Audiences: Health and Human Service Providers – All Staff Levels
LGBT seniors often face myriad challenges in addition to those experienced by their heterosexual counterparts; in particular, social isolation, familial estrangement, increased health risks, and lack of culturally competent health and human services. This workshop will include a discussion about the dynamics of the LGBT senior community and best practices for working with this population. An allotted hour and a half is preferred for this training.
LGBT 101 (75–90min)
Target Audience: College Students; All Adult Audiences
This workshop provides a basic overview of sexual orientation and gender identity as well as their social constructions. A discussion of heterosexism, homophobia, and transphobia will also be presented.

GAY AND LESBIAN PEOPLE
Target Audience: Middle School Students
This age-appropriate workshop addresses the inappropriate use of the word ‘gay’ and stereotypes of gay and lesbian people.

NATIONAL COMING OUT DAY (NCOD) SCHOOL AWARENESS CAMPAIGN TRAINING (AVAILABLE SEPTEMBER–OCTOBER)
Target Audience: Middle School, High School, and College GSAs or Similar Clubs
Learn how to make LIGALY’s National Coming Out Day School Awareness Campaign most effective in your school as an opportunity for students to raise awareness about homophobia, transphobia, and safe school environments.

NATIONAL DAY OF SILENCE (DOS) TRAINING (AVAILABLE FEBRUARY–APRIL)
Target Audience: Middle School, High School, and College GSAs of Similar Clubs
This annual student day of action is the largest in the country and is organized each year in mid-April. This training will help to get your club ready for this event and provide you with the tools to have an effective National Day of Silence program in your school.

WORKING WITH LGBT FAMILIES
Target Audience: All professionals
Participants will explore families with LGBT members (LGBT-identified parents, children, siblings, grandparents, etc.), and the role professionals play in them. Best practices for working with families in a LGBT-supportive manner will be presented.

SUPPORTING YOUR LGBT-IDENTIFIED CHILD
Target Audience: Parents, Caregivers, Grandparents of LGBT-identified Youth
This workshop addresses sexual orientation, gender identity, homophobia, transphobia, and the challenges facing LGBT youth in their schools, homes, and communities. Steps of the coming out process will be discussed. This training assists family members in how to best support their loved one in embracing his/her LGBT identity in a safe and affirming manner.
EPIDEMIOLOGY OF HIV IN THE UNITED STATES: AN LGBT PERSPECTIVE
Target Audience: Service Providers, Community Members
- A basic knowledge of HIV is assumed, but a brief HIV 101 can be added upon request.
- This workshop offers participants the opportunity to understand how HIV has impacted the gay community in the United States. Beginning with an historical overview and touching on the political climate and medical attitudes towards HIV and AIDS, this workshop will discuss how activism from within the community has helped to shape the treatment, care, and prevention landscapes of today. It also addresses populations that are disproportionately affected by the virus. There is a focus on viewing risk through the lens of behaviors rather than identities.

CRYSTAL METH ADDICTION AMONG GAY AND BISEXUAL MEN (75-90 MIN)
Target Audience: Substance Abuse Treatment Professionals – All Staff Levels
- Crystal methamphetamine use and addiction cases have risen dramatically among gay and bisexual men. This highly addictive stimulant can lead users to engage in risky sexual behaviors putting them at risk for HIV and other sexually transmitted infections. In this workshop we will discuss the dynamics of crystal meth use among gay and bisexual men. We will also discuss ways health and human service providers, and particularly substance use treatment providers, can provide LGBT-friendly services to those living with crystal meth addiction. 1.5 hour of CASAC professional development credit is available for this training.

Bystander Bullying: Don’t Stand By, Stand Up!
Target Audience: Middle School and High School Students
- This interactive workshop allows participants the opportunity to identify and explore types of bullying and bystander behaviors. Through role-play, participants will better understand bystander behavior and have the opportunity to practice effective and appropriate responses to bullying.

DIFFERENT KINDS OF FAMILIES
Target Audience: Pre-K, Kindergarten, and Elementary Students
- This age-appropriate workshop introduces family diversity to children by discussing different types of family structures.
The LGBT Network is an association of non-profit organizations serving the Long Island and Queens LGBT community throughout the lifespan. Together, each organization works to end homophobia and transphobia on Long Island and in Queens, provide a home and safe space for the LGBT community, and to advocate for equality.

Long Island Gay and Lesbian Youth (LIGALY) provides a safe space for LGBT youth and empowers LGBT and straight-ally youth to create change in their schools and communities. Safe Schools Initiative // Friday Night OUTlet // HIV/STI Prevention // The Aleph Project // Leadership Development // Community Education // Long Island Gay PTSA // HELP Line // Pride Empowerment Project

The Long Island LGBT Community Center (The Center) builds community for LGBT adults and families through social, cultural, and health programming. Community Center Space // Long Island Pride Parade and PrideFest // Center CARE Counseling and Support Groups // Anti-Violence Project - Long Island (AVP-LI) // Transgender Services // M4Mhealth Program

Services and Advocacy for LGBT Elders - Long Island (SAGE-LI) provides LGBT seniors ages 50+ with social support and health programming. Monday Mingle // Health and Wellness Programs // Constituent Advocacy Initiative // Senior Advisory Board // Benefits and Entitlements Counseling

The Q Center: Queens LGBT Community Center offers programs and services to LGBT and straight-allies of all ages. Safe Schools Initiative // HIV/STI Prevention // Community Center Space // Senior Services // Center CARE Counseling and Support Groups // Community Education // Long Island Gay PTSA // HELP Line

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