



# The 23<sup>rd</sup> Annual Long Island LGBT Conference

Tuesday, March 12, 2019

8:30am to 2:00pm  
Stony Brook University, Charles B. Wang Center



## Program Guide

# The LGBT Network Welcomes You to The 23<sup>rd</sup> Annual Long Island LGBT Conference

The Long Island LGBT Conference, presented by the LGBT Network is Long Island's LGBT conference that educates and empowers students, educators, health and human service providers, and other members of the community to address the needs of LGBT people throughout their lifespan in their schools and communities.

Each year, the Long Island LGBT Conference focuses on various issues affecting the LGBT community, with a range of workshop topics that center on youth, families, older adults, community and school organizing, advocacy/activism, LGBT history, HIV/AIDS, and other topic areas to promote a greater understanding of health, history, community and youth organizing, and social justice in the LGBT community.

Since 1995, The Long Island LGBT Conference has provided an opportunity for hundreds of middle, high school and college students, educators, higher education professionals, health and human service providers and community members each year to discuss the unique needs of the community, learn how to become better advocates and create positive change.

## ***About the LGBT Network***

The LGBT Network is a 501(c)(3) non-profit organization that is a home and voice for LGBT people, their families, and support systems of Long Island and Queens. The LGBT Network's community centers help LGBT people to be themselves, stay healthy, and change the world. The LGBT Network has a 25-year history of pioneering advocacy and change to promote safe spaces where LGBT people live, learn, work, play, and pray.

The LGBT Network offers an array of over 30 programs and services in five programmatic areas (Youth Services; Older Adult; Community Building and Advocacy; HIV/STD; Mental Health and Support). Last year, we reached 250,000+ people through education, training, leadership, outreach, social and recreational, health promotion, advocacy, mental health, and support services. Direct services touched 5,000 individuals; Community education reached another 10,000; and outreach activities engaged more than 200,000.

[lgbtnetwork.org](http://lgbtnetwork.org)



**8:30-9:00am**      **Registration & Continental Breakfast:**  
Charles B. Wang Center, Stony Brook University

**9:00-9:40am**      **Welcome and Opening Session:**

**Robert Vitelli**

*Executive Vice President & Chief Operating Officer, LGBT Network*

**Charles L. Robbins, DSW, LCSW**

*Vice Provost for Undergraduate Education and  
Dean of the Undergraduate Colleges,  
Stony Brook University*

**David Kilmnick, PhD, MSW**

*President & Chief Executive Officer, LGBT Network*

**Steven Bellone**

*Suffolk County Executive*

**9:50-10:50am**      **Workshop Session 1**  
Please see Session 1 descriptions and locations

**11:00am-12:00pm**      **Workshop Session 2**  
Please see Session 2 descriptions and locations

**12:00-12:40pm**      **Lunch: Zodiac Area**

**12:50-1:50pm**      **Workshop Session 3**  
Please see Session 3 descriptions and locations

**SHARE THE EXPERIENCE**



**#LGBTNETWORK**

**#LGBTCONLI**

# SESSION 1 WORKSHOPS 9:50-10:50am

## **"50 Shades of Gay" - LGBT representation in media**

*Presenters: Ernesto Hernandez, LGBT Network Assistant Program Manager, HIV/STD Services; Aldair Gonzalez, LGBT Network Early Intervention Services Specialist*

**Room: Wang Theater**

This workshop will show clips from TV shows and movies as examples of the representation of the LGBT community in mainstream media. Participants will discuss the examples shown and whether or not they show progress in societal views. Then we will explore the responsibility of major networks to represent LGBT individuals in a positive light.

## **One is Too Many: Substance Abuse in the LGBT Community**

*Presenter: Melissa Holly, LGBT Network Linkage to Care Coordinator*

**Room: Lecture Hall 1**

Get the facts: This workshop discusses the substance use crisis on Long Island and how it specifically impacts the LGBT community. Myths and misconceptions will be discussed, and participants will receive training on how to support someone sharing that they have an addiction.

## **Charge-Up Your GSA Club!**

*Presenters: Callie Vialto, LGBT Network Anti-Bullying Program Coordinator; Zach Williams, LGBT Network Youth Services Coordinator*

**Room: Lecture Hall 2**

Get your GSA club re-energized with opportunities to empower and train your club members, attract new members, and plan and organize various "days of action" to stop bullying. GSA club members will have the opportunity to share their best practices from their own GSA club. Participants will also learn about how they can incorporate anti-bullying peer programs, HIV/sexual health education, and more!

## **Safe Enough is Not Enough**

*Presenters: LI Gay PTSA*

**Room: Chapel**

Long Island Gay PTSA will take a closer look at the current school climate for LGBT students on Long Island and ways to create more LGBT-inclusive and affirming learning environments. A former principal will guide the interactive conversation with panelists including a transgender parent, a parent of a transgender son, and an LGBT-identified student who will offer personal stories and recommendations.

## **Heres the "T"**

*Presenter: Aaron Braun, Community Educator; Alexandria Davis, LGBT Network HIV/STD Data Specialist*

**Room: 301**

Are you curious about what changes may come when taking testosterone/estrogen? Do you have questions, but are unsure of where to turn? Join Aaron and Alexandria as they have a candid conversation about the social and medical paths of transitioning.

## **"Werk It" - LGBT in the Workplace**

*Presenters: Emily Moratti, LGBT Network Career Exploration Specialist; Mary Meyer, LGBT Network Program Manager, Community-Building and Support Services*

**Room: 201**

Are you ready to take on the first steps in your work career? Does being LGBTQ+ in the workplace make you nervous? In this workshop, you will learn the skills and techniques to navigate the application, interview, and being hired process. How to dress professional and like yourself, how to plan a resume, and choosing an LGBTQ+ affirming workplace are just a few of the crucial topics every young person can benefit from learning. Join Em and Mary for a fun, informative, and supportive place to explore the workplace and your professional self. You gotta werk it!

## **Name Change Clinic**

*Presenters: Charlie Arrowood, Transcend Legal*

**Room: 101**

Attendees will learn about the legal name change process in Nassau and Suffolk Counties, including how to utilize the court's DIY program, what you will need to move forward with the name change process, and how to update the name and gender marker on identity documents. There will be a question answer portion of this clinic.

**LGBT Network offers FREE  
Education & Training workshops.**

**UPSTANDER TRAINING | LGB 101 | T101**

[lgbtnetwork.org](http://lgbtnetwork.org)



# LGBT Network/Long Island Gay and Lesbian Youth (LIGALY) Spring Activities Calendar



## LIGALY's Got Big Talent (LGBT) Auditions

Friday, April 12  
Friday, April 19  
Friday, April 26



## Night of Noise

Friday, April 12

## LIGALY's Got Big Talent (LGBT) Competition

Friday, May 3  
Friday, May 10  
Friday, May 17 – Finals



## Long Island Pride

Pride on the Beach  
June 21-23, 2019



## LGBT Youth Prom

Crest Hollow Country Club, Woodbury  
Wednesday, June 26



## REGULAR LIGALY/YOUTH PROGRAMS

### LIGALY Advisory Board

*Become a youth leader*

### Together, Real, United, Empowered (TRUE)

*Express yourself through art*

### TGNC

*Support group for trans and gender non-conforming youth*

### Youth Squad

*Meet other Hamptons youth and become a peer educator*

### Pride Empowerment Project

*Get the sexual health education you don't get in school and become a peer educator*

### OUTlet

*Relax, have fun, connect with friends, and meet new ones*

**ALL NEW YOUTH PROGRAMMING COMING TO OUR  
NEW LGBT COMMUNITY CENTER IN HAUPPAUGE!**

FOLLOW US ON    FOR THE LATEST NEWS AND ANNOUNCEMENTS

# SESSION 2 WORKSHOPS 11:00-12:00pm

## Queer History

Presenters: Presenter: Aaron Braun, LGBT Network Community Educator

Room: Wang Theater

Queer History tells the story of LGBTQ folks that are often forgotten throughout American History. This workshop takes listeners on a journey from the early 1900's to present day and beyond. Participants will see where we have been and where we are heading. This workshop is an eye opening experience to hear about the stories that have gone untold and unshared for far too long.

## LGBTQ\* on Campus Panel

Presenters: Panel of LGBTQ\* Stony Brook University Students, facilitated by Chris Tanaka, Assistant Director of LGBTQ\* Services, Stony Brook University

Room: Lecture Hall 1

Ever wonder what it's like to graduate high school and begin your journey as a college student? Want to hear from students who've recently embarked on this journey? This panel of students from Stony Brook University is ready to answer any questions you have about being an LGBTQ\* identified college student. Intended Audience: High school students thinking about college.

## (sex)jeopardy! The LGBT Network's Jeopardy with a Sexual Health Twist!

Presenters: Terence Gilmore, LGBT Network HIV/STD Outreach and Testing Specialist; Alexandria Davis, LGBT Network HIV/STD Data Specialist

Room: Lecture Hall 2

C'mon down and be the next contestant to learn more about HIV, STDs, PrEP, and interesting LGBT trivia. Get the sexual health education you don't get in school so that you can stay healthy. Winning team receives a prize!

## Know Your [Sexual] Rights!

Presenters: Becca Panarello, LGBT Network Assistant Program Manager for Leadership & Education; Zach Williams, LGBT Network Youth Services Coordinator

Room: Chapel

This game-show-style workshop will give you the opportunity to show off your knowledge of New York State laws on HIV/STD testing, age of consent, access to condoms and more! Think the laws need some more work? Learn the first steps to changing New York sex education and your access to reproductive health services.

## Building LGBT Families

Presenters: Mary Meyer, LGBT Network Program Manager, Community-Building and Support Services, Dan Matos, LMSW, LGBT Network Senior Director of Programs

Room: 301

LGBT people are starting and building families at increasing rates – and in different ways. This workshop addresses a range of topics regarding LGBT-headed families, including the importance of building community, history, and ways to build a family such as foster parenting, becoming an adoptive parent, or building a family through In Vitro Fertilization (IVF). A panel of LGBT parents will share their experiences of building their own families.

## GSA Advisor Round-Table

Presenters: Callie Vitalo, LGBT Network Anti-Bullying Program Coordinator; Emily Moratti, LGBT Network Career Exploration Specialist

Room: 201

This workshop is intended for GSA Advisors to meet, network, and share strategies in support of LGBT youth attending Long Island schools. The workshop is an open discussion where facilitators and advisors can lend their personal insight, resources, experience, and support in order to assist other advisors and school staff in creating safe, inclusive, and equitable school environments.

## Name Change Clinic

Presenter: Charlie Arrowood, Transcend Legal

Room: 101

Attendees will learn about the legal name change process in Nassau and Suffolk Counties, including how to utilize the court's DIY program, what you will need to move forward with the name change process, and how to update the name and gender marker on identity documents. There will be a question answer portion of this clinic.



Charge-Up Your GSA!

**GSA ADVISOR NETWORK**  
**GSA TRAININGS | GSA MIXERS**

[lgbtnetwork.org](http://lgbtnetwork.org)

# SESSION 3 WORKSHOPS 12:50-1:50pm

## "50 Shades of Gay" - LGBT representation in media

Presenters: Ernesto Hernandez, LGBT Network Assistant Program Manager, HIV/STD Services; Aldair Gonzalez, LGBT Network Early Intervention Services Specialist

Room: Wang Theater

This workshop will show clips from TV shows and movies as examples of the representation of the LGBT community in mainstream media. Participants will discuss the examples shown and whether or not they show progress in societal views. Then we will explore the responsibility of major networks to represent LGBT individuals in a positive light.

## Choosing Trans-Inclusive College Campuses

Presenters: Chris Tanaka, Assistant Director of LGBTQ\* Services, Derrick Wegner, Graduate Coordinator of LGBTQ\* Services, and Maylene Navarra, Graduate Coordinator of LGBTQ\* Services.

Room: Lecture Hall 1

Choosing a college or university to attend can be a difficult decision. Weighing your academic interests, costs, extracurricular activities, etc. becomes a lot to balance. Adding your LGBTQ\* identity (or any other social identity) into the mix can make it all seem overwhelming. This session will equip LGBTQ\* identified students with the right questions to ask to assist in decision making when it comes to LGBTQ\* affirmation and inclusion on college campuses. Intended Audience: High school students actively researching, applying for, and choosing colleges and universities (and their parents/teachers/advisers).

## LGBT 101

Presenter: Callie Vitalo, LGBT Network Anti-Bullying Program Coordinator

Room: Lecture Hall 2

This interactive workshop addresses stereotypes, sexual orientation, heterosexism, homophobia, the inappropriate use of the word "gay", and anti-LGBT bullying. It is designed to help foster a safe, supportive environment for LGBT students.

## It Really Does Get Better. A Personal Journey to Pride and Affirmation.

Presenters: Roy Schmitt, LI Gay PTSA; Mary Meyer, LGBT Network Program Manager, Community-Building and Support Services

Room: Chapel

The discussion will focus on the social, political and cultural changes brought about by the LGBTQ civil rights movement and how it affected one individual. Topics will include coming out, societal pressures, institutional homophobia, the effects of the HIV/AIDS pandemic, ageism within the LGBTQ population, the role of the media and others.

## Upstander Training: Don't Stand By, Stand Up!

Presenters: Zach Williams, LGBT Network Youth Services Coordinator; Em Moratti, LGBT Network Career Exploration Specialist

Room: 301

This interactive workshop trains and empowers youth to intervene when they see bullying. Participants will be trained to identify types of bullying and bystander behaviors. Through role-play, participants will better understand bystander behavior and have the opportunity to practice effective and appropriate responses to bullying.

## HIV 101 / PrEP

Presenters: Aaron Braun, LGBT Network Community Educator

Room: 201

This interactive workshop offers an in depth overview of HIV/AIDS. During this workshop, participants will learn the definitions of HIV/AIDS, how HIV/AIDS is transmitted, how HIV/AIDS affects the immune system, and how to help prevent the spread of HIV/AIDS. An introduction on PrEP and how it prevents the contraction of HIV will also be discussed.

## Name Change Clinic

Presenter: Charlie Arrowood, Transcend Legal

Room: 101

Attendees will learn about the legal name change process in Nassau and Suffolk Counties, including how to utilize the court's DIY program, what you will need to move forward with the name change process, and how to update the name and gender marker on identity documents. There will be a question answer portion of this clinic.

Take Action!

NIGHT OF NOISE  
NATIONAL COMING OUT DAY

lgbtnetwork.org





# LGBT NETWORK

**Be Yourself. Stay Healthy. Change the World.**

FROM THE **MIDTOWN TUNNEL**  TO  **MONTAUK**

**Queens LGBT Center**  
37-18 Northern Blvd.  
Suite 107  
Long Island City, NY 11101  
T 718.514.2155  
F 516.750.4715

**Woodbury Center**  
20 Crossways Park Dr. N.  
Suite 110  
Woodbury, NY 11797  
T 516.323.0011  
F 516.750.4715

**Bay Shore Center**  
34 Park Ave.  
Bay Shore, NY 11706  
T 631.665.2300  
F 631.665.7874

**Hamptons Center**  
44 Union St.  
Sag Harbor, NY 11963  
T 631.899.4950  
F 631.665.7874

**South Queens Center**  
(Future Plans)

**Hauppauge Center**  
125 Kennedy Drive  
Hauppauge, NY 11788

**LGBT/LGBT Friendly Senior Housing**  
Bay Shore  
(Coming Soon)

**Patchogue Center**  
(Coming 2020)

[info@lgbtnetwork.org](mailto:info@lgbtnetwork.org) | [www.lgbtnetwork.org](http://www.lgbtnetwork.org)



[facebook.com/lgbtnetwork](https://facebook.com/lgbtnetwork)



[twitter.com/lgbtnetworkny](https://twitter.com/lgbtnetworkny)



[youtube.com/lgbtnetwork](https://youtube.com/lgbtnetwork)



[instagram.com/lgbtnetwork](https://instagram.com/lgbtnetwork)